Coverage of chitosan and essential cinnamon oil for strawberry conservation (Fragaria ananassa) var. Aroma, minimally processed

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Abstract- The use of edible coverage represents one of the important methods used to preserve the quality of minimally processed products. The aim of this research was to determine the effect of chitosan and essential cinnamon oil coverage in the phenolic content, antioxidant capacity, mould and yeast count, and general acceptability in minimally processed strawberry along 16 days of refrigerated storage at 10 °C, in order to improve the conservation and characteristics of minimally processed strawberry var. aroma. In this experiment a response surface methodology using a Central Composite Rotational Design (CCRD) was carried out; the variable ranges used were 0.7 - 2% (Chitosan) and 0.02 - 0.1%(cinnamon essential oil). As results, it was found that the significant variable (p<0.05) was cinnamon essential oil for both phenols content and antioxidant capacity. For these characteristics, a concentration of 0.1% cinnamon essential oil was the most effective. The antioxidant capacity and phenolic contents showed an increase during the first 7 days of storage, decreasing after that for all treatments. It was also found that both independent variables significantly influence (p<0.05) in the decrease of microbial load being the optimal range of chitosan (1.33-1.71%) and cinnamon essential oil (0.056-0.087%). In addition, the use of coverage of chitosan and cinnamon essential oil does not negatively affect the sensory acceptability and helps to maintain the shelf life of minimally processed strawberry.

Keywords-- Strawberry; edible coverage; antioxidant capacity; chitosan; Cinnamon essential oil.

I. INTRODUCTION

The strawberry is a non-climacteric fruit, highly appreciated by consumers because of its organoleptic properties. They are rich in antioxidants such as phenolic acids, flavonoids and anthocyanins [1]. Recent studies have shown that consumption of red fruits reduces the risk of developing degenerative diseases [2]. However, the rapid perishability strawberry has stimulated the search for new natural conservation systems, based edible coverage [3]. The use of edible coverage represents one of the important methods used to preserve the quality of minimally processed products. The

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strawberry (Fragaria ananassa) var. aroma. A. Raw material

consumption of fresh, sliced or minimally processed foods is a trend that has been widely accepted in the world food trade [4]. The application of chitosan as a film serves as a primary

packing and as a coverage (by immersion) for the direct protection of food [5], but one of the most important drawbacks is its poor property of water vapour barrier [6], however, the biocompatibility of chitosan with various compounds, is used to incorporate hydrophobic compounds [7].

Essential oils are natural antioxidant and antimicrobial substances and majority consist of a mixture of terpenes, terpenoids and other aromatic and aliphatic compounds [8], but their composition can vary considerably depending on the origin: the cinnamon essential oil leaves has shown not only to possess antifungal and antibacterial properties against a broad spectrum of microorganisms causing food spoilage, but also antioxidant activity lost [9].

In minimally processed fruits, due to their characteristics of process and conservation, they require systems that are able of acting as barriers against water vapour, gases and oxidative processes during storage [6]. In studies carried out by Dos Santos et al. [10] determinate the chitosan and essential oil of oregano can control the growth of grape pathogens during postharvest storage. The effect of the combination of bergamot essential oil, chitosan and carboxymethylcellulose was also evaluated to increase grape storage life, finding that the combination of oil and chitosan decreased the respiratory rate of the grape and increased mechanical resistance to damage. An increase in antimicrobial activity was also found compared to the other treatments [11]. The objective of this work was to determine the effect of coverage with chitosan and cinnamon essential oil in the conservation of minimally processed

II. MATERIALS AND METHODS

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Fresh strawberries of the Aroma variety were obtained from Laredo, La Libertad, Peru. Strawberries were selected according to their shape uniformity, size, absence of mechanical damages, weight of 11.0 ± 2.0 g, and colour level of 5 - related to the state of maturity [12]. Fresh strawberries were transported to the site of analysis at 10° C, later they were washed and immersed in 5% sodium hypochlorite solution.

B. Experimental design

The experimental scheme of the present work was presented in Fig. 1.

By applying the Central Composite Rotational Design (CCRD) using the software STATISTICA 7.0, it was evaluated the strawberry coverage with different chitosan and cinnamon essential oil concentrations. The chitosan (Omnichen SAC, Peru) limits of 0.7 - 2% (w/v) and cinnamon essential oil (Aromas del Peru, Peru) 0.02-0, 1% (w/v) were evaluated.

In each treatment, the chitosan was dissolved in acetic acid (> 99,8%, Sigma Aldrich, Germany) 0.5% v/v at 40 °C for 2 h and then cinnamon essential oil was added, after 30 min, the glycerol plasticizer (Consorcio Químico Barrera Pacheco SAC, Peru) 0.3 (g/g chitosan) and 0.1% (v/v) of Tween 80 surfactant (Consorcio Químico Barrera Pacheco SAC, Peru) were finally added [13]. Whole procedure was performed under continuous homogenization using a paddle stirrer.

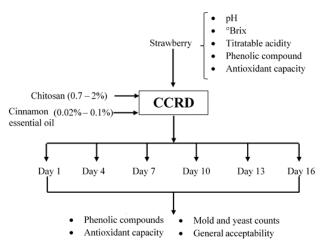


Fig. 1 Experimental design.

C. Application of coverage

Strawberries were immersed in each treatment solution for 30 s, then dried at room temperature for 3 h, to sequentially be stored in polypropylene containers previously codified. The treatments were stored at $10 \,^{\circ}\text{C}$ and evaluated each 1, 4, 7, 10, 13 and 16 days. The performed analyses are as follows.

D. Physicochemical characterization

The pH [14], soluble solids [15], and acidity [16] were determined for strawberries as initial raw material.

E. Determination of phenols

The total phenols were determined according to Viuda-Martos, et al. [17], Holtung, et al. [18], Waterhouse [19]. Analyses were performed by visible spectrophotometry (Spectronic 20, Germany) at 760 nm after reaction with Folin-Ciocalteu reagent (Merck KGaA, Germany). Ethanol (80 °GL)

was added to each strawberry sample (2 g) up to 10 mL, this mixture was stirred and centrifuged at 4200 rpm for 15 min, finally filtered. Then, 40 μL of the sample was placed in test tubes, with 1560 μL of distilled water, shaken and 100 μL of Folin-Ciocalteu reagent (2N) was added. The mixture was stirred and allowed to stand for 15 min at room temperature, finally 300 μl , of 20% sodium carbonate (Na₂CO₃) (Merck KGaA, Germany) was added, mixed, and incubated for 2 h at room temperature. The absorbance was measured at 760 nm and the results were calculated using a calibration curve obtained from a standard gallic acid and expressed as milligrams of gallic acid per 100 g sample.

F. Determination of antioxidant capacity

The antioxidant activity was determined by the method of DPPH radical (1,1-diphenyl-2-picrilhdracilo) (Merck KGaA, Germany).

G. Microbiological evaluations

Microbiological evaluations of the minimally processed samples with coverage and storage for 1, 4, 7, 10, 13 and 16 days were performed. Procedures of International Commission on Microbiological Specifications for Foods (ICMSF)[20] were used with Oxytetracycline Glucose Agar (OGA) agar culture medium. Approximately 11 g of strawberry was taken and placed in a flask with 23 mL of peptone water which was stirred and then 0.1 mL was taken and inoculated on plates of each treatment. It was then incubated at room temperature for 5-7 days. The counting was performed and reported as colony forming units per gram of sample (cfu/g).

H. General acceptability

For selecting the strawberry, minimally processed with coverage, which had greater general acceptance was applied a hedonic scale of 9 points. The test was applied to a group of 40 not trained consumers with age range of 21 to 28 years [21].

I. Statistical analysis

TABLE I FACTORIAL PLANNING (2K + 2 K + CP)

FACTORIAL PLANNING (2K + 2 K + CP)					
Treatments	Chitosan (g/100 mL)	Cinnamon essential oil (g/100 mL)			
1	0.89	0.03			
2	1.81	0.03			
3	0.89	0.09			
4	1.81	0.09			
5	0.70	0.06			
6	2.00	0.06			
7	1.35	0.02			
8	1.35	0.10			
9	1.35	0.06			
10	1.35	0.06			
11	1.35	0.06			

A Central Composite Rotational Design (CCRD) of second order Response Surface Methodology was applied, totalling 11 treatments (Table I) and being able to evaluate the response variables (Y): phenolic compounds, antioxidant capacity, mould and yeast counts, and general acceptability.

An ANOVA was performed for the models generated, as well as their degree of adjustment, from which the best model (p <0.05 and R²aj> 0.85) was chosen, and finally the response surfaces were generated, where regions of interest were sought to maximize or minimize the effect [22].

The microorganisms growth kinetics was analysed using the mathematical model of Gompertz (1) proposed by Nakashima et al. [23].

$$\log\left(\frac{N}{N_0}\right) = a \times \exp(-\exp(b - c \times t)) \tag{1}$$

Where N is the microorganism concentration (N_0 is the initial condition); t: is the time [h]; and the constants of the curve are: a, b, and c.

The parameters of the model are, μ_{max} : Specific speed of growth (2), λ : Duration of the lag phase (3), G: Generation time (4).

$$\mu_{\text{max}} = a \times c \tag{2}$$

$$\lambda = \frac{(b-1)}{c} \tag{3}$$

$$G = \frac{\ln{(2)}}{\mu_{max}} \tag{4}$$

On the other hand, the general acceptability was evaluated as a randomized complete block design (RCBD), where each consumer constitutes a block and each of the 11 treatments, if ANOVA determines differences between treatments, the Duncan multiple range test is performed ($\alpha = 0.05$) and the possibility of taking the average values for the surface response analysis (CCRD) is evaluated [24].

III. RESULTS AND DISCUSSION

A. Physicochemical characteristics

The physicochemical characteristics were showed in Table II, as observed the values were similar to the reported by previous authors.

TABLE II
PHYSICOCHEMICAL CHARACTERISTICS OF STRAWBERRY

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Characteristic	This Study	Other authors		
°Brix	6.6	6.2 [25], 6.62 [26], 6.0 – 9.8 [27]		
Acidity (% of citric acid)	0.86	0.88 [25], 0.8 [26], 0.99 [28]		
рН	3.42	3.99 [26], 3.4 – 3.75 [29]		
Phenolics compounds (mg GA/100 g)	109.02	126.32 [30]		
Antioxidant activity (% inhibition)	28	25 [31]		

B. Phenolic compounds

Fig. 2 shows the phenolic compounds during storage time of the minimally processed strawberries. It was observed that during storage at 10 °C there was an increase for all treatments until reaching values of 115-162 mgGA/100g of product until day 7. The phenolic compounds obtained amounts are similar to those reported by other studies with coverage in mangoes [32] and strawberries [33] reaching in the latter 160 mgAG/100g in the day 15 of storage, this accumulation of phenols content in treated strawberries could be promoted because of the enzyme phenylalanine ammonia activity (PAL) [34]. In addition, it has been related to the increase of phenolic compounds with the high content of eugenol and cinnamaldehyde in the cinnamon essential oil [35], this can be observed in Fig. 2, where T8, has a higher content of phenolic compounds at the day 15 of storage.

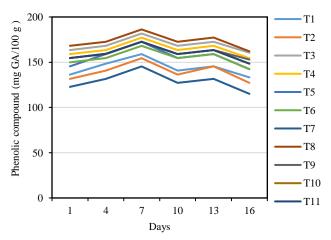


Fig. 2 Phenolic compounds along storage time.

The analysis of regression coefficients showed that cinnamon essential oil (linear and quadratic) had a significant effect (p <0.05) on phenols content during the storage; these results agree with Silva et al. [31] who mentioned that there are significant differences (p <0.05) between the different concentrations of cinnamon essential oil used and the total phenols content of strawberry fruits.

The model of total phenols, for the different treatment days have R²> 0.96. The mathematical model that explains the highest phenolic content along the storage, was during day 7 (5), where; PC: Phenolic compound; C: Chitosan; O: Cinnamon essential oil

$$PC = 125.8 + 10.3C - 5.3C^2 + 967.30 - 4258.70^2 - 5.0 * 10^{-12}CO$$
 (5)

Fig. 3 shows that the best values of phenolics compounds (day 7) are given at higher content of cinnamon essential oil during storage at a temperature of 10 °C.

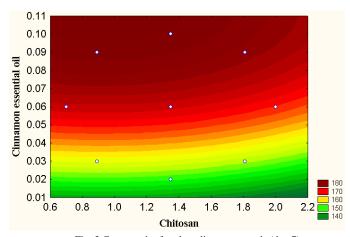


Fig. 3 Contour plot for phenolics compounds (day 7).

C. Antioxidant capacity

The results obtained indicated that fruits treated with higher concentrations of cinnamon essential oil had a higher percentage of inhibition; in this sense, the percentage of radical inhibition (DPPH) of the treated strawberries was between 31% and 63%. Fig. 4 shows the increase of the antioxidant capacity of treated strawberries until day 7.

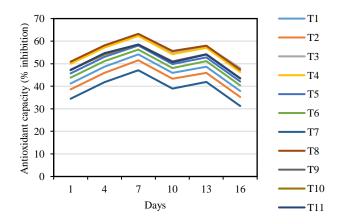


Fig. 4 Antioxidant capacity during storage time.

The cinnamon essential oil showed significant effect in the inhibition percentage. Perdones, et al. [36] mentioned that films containing cinnamon essential oil show antioxidant and antifungal properties, according to Fig. 4 the percentage of inhibition of the DPPH in strawberries was between 31% and 63%, it was slightly lower than those reported by López et al. [33], whose intervals in treated strawberries were between 50% and 85%.

The models of antioxidant capacity (AC), during each day of treatment have a $R^2 > 0.97$. The following mathematical model (6) explains the higher antioxidant capacity during day 7 of treatment ($R^2 = 97.56\%$).

$$AC = 44.67 - 0.37C - 1.47C^2 + 316.160 - 1636.340^2 + 48.49CO$$
 (6)

Fig. 5 shows that at day 7, the coverage with a higher concentration of cinnamon essential oil has greater antioxidant power, it can be justified by the addition of the essential oil [31]; where the antioxidant activity increases as the cinnamon concentration increases [33]. It has been reported that eugenol is the main component responsible for the radical uptake capacity of cinnamon bark essential oil, demonstrating a much higher DPPH radicals uptake capacity than cinnamaldehyde [37]. Finally, antioxidant capacity and phenolic compounds concentration behaviour could be corelated (Fig. 2 and 4).

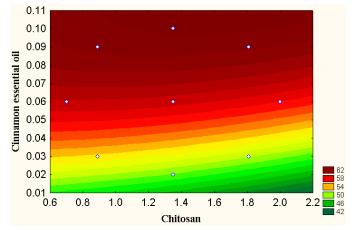


Fig. 5 Contour plot for antioxidant capacity (day 7).

D. Microbiological analysis

Table III shows that in the first days of analysis, the treatment 8 (1.35% chitosan and 0.1% cinnamon essential oil g/100 ml) has a great antimicrobial effect, however in the last days, it was detected that the treatments 9, 10 and 11 (1.35% of chitosan and 0.06% of essential oil of cinnamon g / 100 ml) had lower counts of colonies.

TABLE III YEAST AND MOLD COUNT (CFU/G) IN STRAWBERRIES FOR 16 DAYS STORAGE.

Treatments	Day	Day	Day	Day	Day	Day
Treatments	1	4	7	10	13	16
1	14.5	26.4	102.7	149.1	246.4	560.9
2	16.4	20	93.6	107.3	197.3	465.5
3	11.8	13.6	61.8	118.2	214.5	500.9
4	4.5	11.8	37.3	55.5	158.2	408.2
5	15.5	22.7	90	171.8	261.8	589.1
6	12.7	14.5	78.2	94.5	187.3	450.9
7	17.3	24.5	98.2	126.4	222.7	509.1
8	0.9	0.9	1.8	42.7	172.7	419.1
9	1.8	1.8	15.5	68.2	153.6	375.5
10	0.9	0	13.6	61.8	158.2	390.9
11	0.9	1.8	16.4	70	153.6	384.5
Control	31.8	50.9	142.7	259.1	529.1	881.8

In Fig. 6, the microbial growth curve is presented described by the Gompertz model [38], Gimeno y Cosano [38] mentioned that empirical models, such as the Gompertz function, are of interest in practical situations and is capable to effectively describe the growth data under experimental conditions. In Fig. 6 the curve of microbial growth for the treatment 8 (T8) is presented, which has a long latency period ($\lambda = 155$ h) and a lower generation time (G = 13.03 h) despite having a specific growth rate (μ max = 0.053 h⁻¹) high.

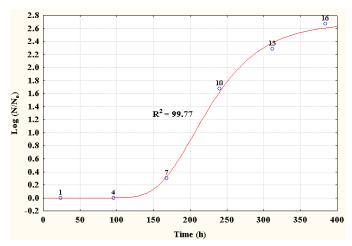


Fig. 6 Growth curve (T8) of moulds and yeasts by the Gompertz Model.

Perdones et al. [36] mentioned that the microbiological damage decreased when the chitosan coverage was incorporated cinnamon essential oil in a ratio greater than 1: 0.25%. The antimicrobial activity of these essential oils is due to the presence of aromatic compounds and phenolic groups such as eugenol [39]. The values in all treatments (Table IV) analysed over time were underneath the maximum allowable limit of 1×10^6 cfu/g, recommended by the sanitary standard of microbiological criteria for fresh fruits and vegetables [40].

TABLE IV

VALUES OF KINETIC PARAMETERS OF MOULD AND YEAST GROWTH ADJUSTED

TO THE GOMPERTZ MODEL

Treatments	λ	μ_{max} (h ⁻¹)	G (h)	\mathbb{R}^2
T1	45.267	0.015	44.350	97.10
T2	62.033	0.014	49.439	94.52
T3	79.905	0.018	38.505	97.70
T4	39.837	0.016	42.636	97.82
T5	63.836	0.017	40.334	98.02
T6	68.826	0.015	44.511	94.80
T7	55.215	0.014	49.471	96.11
T8	155.00	0.053	13.030	99.77
T9	100.11	0.033	20.945	98.97
T10	97.664	0.039	17.361	98.75
T11	71.327	0.032	21.047	99.45
Control	60.555	0.015	46.940	99.40

Mathematical models for effect of strawberry coverage on the growth of moulds and yeasts (M.Y) during each treatment day have an $R^2 > 0.93$. Mathematical model for the last day of storage is detailed (6), $R^2 = 99.84\%$ and R^2 _{adj.} = 98.9%.

$$M.Y = 1335.96 - 952.77C + 313.07C^2 - 6878.850 + 47727.30^2 - 52.45C0$$
 (6)

For the case of moulds and yeasts concentration response, this model has an $R^2_{adj.} > 0.98$ which indicates that the model represents an adequate fit for the process; similar results showed Sánchez [41] in grapes with edible coverage, who reports that there is lower count of moulds and yeasts during 35 days of storage compared to Control.

ANOVA for moulds and yeasts revealed that they are significant (p <0.05), and at the same time have high determination coefficient (R²> 0.85), so the models predict these variables consistently. Fig. 7 shows that response surface confirms that optimum antimicrobial zone is between 1.33 to 1.71% of chitosan and 0.056 to 0.087% of essential cinnamon oil. The edible coverage incorporation of compounds with specific activity: antioxidant or antimicrobial, improves food preservation and extend its shelf life through the controlled release of compounds [11, 42]. Edible coverage act as barriers, which restrict water transfer and protect the skin from fruit from mechanical damage, seal the small wounds of the product after cutting and therefore delay dehydration [43, 44]; it has been noted that the chitosan in combination with essential oils increases its antimicrobial activity [45]. The edible coverage are more efficient when they contain antimicrobial additives in their composition, allowing some compounds to migrate gradually and selectively to the food surface [46].

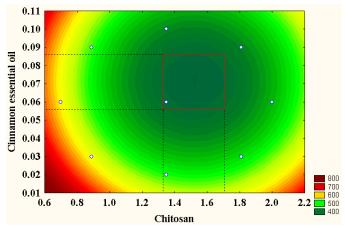


Fig. 7 Contour plot for moulds and yeasts (day 16).

Finally, Table IV shows high values of determination coefficient and the best treatments against fungal action have treatment 8 (T8), together with the central points (T9, T10 and T11), because they have a long latency period and a lower generation time (G) despite having a high specific speed growth rate (μ_{max}). Therefore, probably the coverage in these treatments delayed the response of the microbial population to a change. In the study by Goy et al [47] reported that the activity of chitosan against fungi has a fungistatic character rather than fungicide being very effective in inhibiting spore germination.

D. General acceptability

The values in Table V show the general acceptability of the strawberry variety Aroma minimally processed with the different treatments. Statistical analysis showed that there was statistically significant variation (p <0.05) in the acceptability between treatments over the 16 days of storage at 10° C.

TABLE V
GENERAL ACCEPTABILITY OF STRAWBERRY EVALUATED.

Treatments	Day 1	Day 6	Day 11	Day 16
1	6.825 ±	6.75 ±	6.9 ±	6.55 ±
1	0.78b	0.81b	0.78a	0.93a
2	4.525 ±	4.45 ±	4.825 ±	4.325 ±
2	1.09c	0.78c	0.78b	0.83a
3	7.05 ±	6.975 ±	7.15 ±	$6.825 \pm$
3	0.96b	0.97b	0.92a	0.96b
4	7.15 ±	$7.075 \pm$	7.25 ±	6.925 ±
4	1.10b	1.00b	0.95a	1.14a
5	$7.075 \pm$	$6.975 \pm$	$7.225 \pm$	$6.8 \pm$
3	1.05b	1.14b	1.05a	1.24a
6	4.55 ±	4475 ±	4.975 ±	$4.375 \pm$
U	0.99c	0.88c	0.92b	0.95b
7	$7.1 \pm$	$7.025 \pm$	7.15 ±	$6.875 \pm$
	1.17b	1.10b	1.08a	1.04a
8	$7.7 \pm$	$7.675 \pm$	$7.85 \pm$	$7.4 \pm$
	0.99a	1.00a	0.92a	1.37a
9	$7.65 \pm$	$7.575 \pm$	7.6 ±	$7.35 \pm$
	0.98a	0.98a	1.01a	1.14a
10	$7.675 \pm$	$7.6 \pm 0.84a$	$7.65 \pm$	$7.375 \pm$
	0.69a	7.0 ± 0.04a	0.74a	0.87a
11	7.6 ±	$7.525 \pm$	$7.575 \pm$	$7.275 \pm$
11	0.71a	0.75a	0.71a	0.88a

Average with different letters in the same column are significantly different (p < 0.05).

According to Rico [48] sensory acceptance is an important limitation for the use of chitosan and essential oils. In present investigation using the Duncan test, one of the most accepted samples was treatment 8 (chitosan 1.35% and cinnamon essential oil 0.1%) at the end of storage. These results agree with López et al. [33] who in their research reported that application of chitosan coverage 1.0% and 0.1% of cinnamon essential oil maintained the highest acceptability throughout the 15 days of storage. Similarly Hernández-Muñoz et al. [49] reported that the application of edible coverage of chitosan 1.5% and 1% of calcium gluconate maintained the highest acceptability. On the contrary, Perdones et al. [50] reported that coverage of chitosan and lemon essential oil had a negative sensorial impact; similarly to the reported by Rico [48] in his research about coverage of chitosan and orange essential oil.

Mathematical models for general acceptability (A) on days 1, 6, 11 and 16 have an $R^2 > 0.85$, explaining that there is an influence of chitosan and cinnamon essential oil. Mathematical model (7) for the day 16 of treatment show $R^2 = 93.1\%$.

$$A = 3.38 + 7.62C - 4.37C^{2} - 21.950 - 186.840^{2} + 44.71C0$$
 (7)

Table VI shows the average of the central point results for phenolic content, antioxidant capacity, moulds and yeasts growth and acceptability throughout storage. A variation statistically significant (p <0.05) between the different days analysed was observed. Significant difference in phenolic content during storage days may be due to temperature, mechanical and biologic stress, exposure to light and oxygen availability [51]. However, the decrease of phenolics compounds on day 10, and subsequently suffer a slight increase

at day 13 was observed, the latter can be attributed to the response of tissue to fungal attack, as there is evidence that this type of attacks stimulates the phenolics compounds production. González-Aguilar, et al. [3], Ayala-Zavala, et al. [52] found that the use of treatments with natural compounds could cause an increase in the antioxidant capacity of fruits due to the induction of metabolite synthesis with antioxidant capacity.

Regarding the growth of moulds and yeasts, the chitosan addition also contributed to decrease their growth, which coincides with Ghaouth et al. [53], who mentioned that chitosan significantly reduces the radial growth of *Botrytis cirenea* and *Rhizopus stonolifer* with a large effect at high concentrations. Table V also shows that the application of coverage is not a limiting factor in sensory acceptance.

TABLE VI COMPARISON OF PHENOLICS COMPOUNDS, ANTIOXIDANT CAPACITY, YEASTS AND MOULDS COUNTS, AND GENERAL ACCEPTABILITY DURING STORAGE DAYS (1.35% CHITOSAN AND 0.06% ESSENTIAL CINNAMON OIL G/100 ML).

Day	Phenolics compounds	Antioxidant capacity	Moulds and Yeasts	Day	General acceptability
1	$154.45 \pm 0.0b$	$47.27 \pm 0.19b$	1.2 ± 0.5 b	1	$7.64 \pm 0.04b$
4	$159.30 \pm 0.26a$	$54.43 \pm 0.52a$	$1.2 \pm 1.1c$		$7.57 \pm 0.04a$
7	$172.62 \pm 0.0c$	$58.49 \pm 0.03c$	$15.1 \pm 1.4a$	6	
10	$158.99 \pm 0.0a$	$50.82 \pm 0.39d$	$66.63 \pm 4.3d$	11	$7.61 \pm 0.04a$
13	$163.54 \pm 0.0d$	$54.14 \pm 0.21a$	$155.1 \pm 2.6a$	11	7.01 ± 0.04a
16	$149.91 \pm 2.62e$	$43.52 \pm 0.17e$	$383.6 \pm 7.7e$	16	$7.33 \pm 0.05a$

Average with different letters in the same column are significantly different (p <0.05).

Therefore, the edible coating prepared with cinnamon essential oil and chitosan enhanced the conservation of strawberries. Compared to reported by Gil-Giraldo, et al. [54] who stored strawberries at 5 °C for 12 days, using chitosan films, even having used a higher temperature (10 °C) in the present study, a permissible levels of moulds and yeasts were achieved up to 16 days of storage with good general acceptability levels.

IV. CONCLUSIONS

In conclusion, chitosan coverage and cinnamon essential oil had a significant effect on the conservation of strawberry (*Fragaria ananassa*) var. aroma minimally processed. At day 7, the highest total phenol content (186.25 mg GA / 100 g) and antioxidant capacity (63.23% inhibition) were observed, where the essential oil of cinnamon in the cover had significant effect. In the response surface analysis, the optimal range of chitosan (1.33-1.71) and essential oil of cinnamon (0.056-0.087) g/100 mL showed an inhibitory interaction of moulds and yeast growth, increasing the period of latency. On the other hand, with the concentrations of chitosan and cinnamon essential oil in the coverage, good acceptability of strawberries is achieved up to 16 days of storage.

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